



Capuchin Youth & Family Ministries challenges young people to discover and grow their personal relationship with God and their Catholic faith in a safe, fun, and accepting environment. We strengthen family members in their love and appreciation for one another. In the spirit of St. Francis and with Jesus at the heart of everything we do, CYFM empowers young Catholics as leaders to commit to rebuilding their Church and Society, enlivening them to be all God is calling them to be.

Jesus is at the heart of everything that is done at CYFM..He is never "lost" in the hustle and bustle of fabulous retreat experiences, mission trips, and family activities. He runs CYFM through the prayerful discernment of His will by those He has so beautifully and purposely called to His service."

Teen participant

CYFM

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CAPUCHIN FRANCISCAN VOLUNTEER PROGRAM



"Through my participation as a Cap Corps Volunteer I have been so blessed with such a wonderful experience. I have grown in my faith, made a difference in people's lives, learned many new things and challenged myself beyond my limits. It was a year where I expanded my horizons and embraced the gifts God has given me. Being a Cap Corps Volunteer is an opportunity of a lifetime and very fulfilling reward."
Mary Kate Lowe, CCV 2009-2010



In the spirit and tradition of St. Francis of Assisi, Capuchin Youth & Family Ministries (CYFM) is rebuilding today's Catholic Church by reaching out to young people and their families through retreats, parish ministry, and service to the poor. Lives are changed. The CYFM community nurtures faith, takes action through service to those in need, and magnifies God's love in the world.



Cap Corps Volunteers are active leaders at CYFM. Our diverse and varied ministry focuses on three main areas; retreats, parish youth ministry and outreach programs. The spirituality of St. Francis and St. Clare guide all that we do.



Cap Corps Volunteer Ministries

Retreat Ministry

Cap Corps Volunteers take part in the planning, preparation and execution of the retreats at CYFM including day, overnight and weekend experiences at our retreat center in Garrison, NY, at parishes throughout the Hudson Valley, NY City and in Boston, MA.



Cap Corps Volunteers mentor young people as they grow in their relationship with God, build leadership skills, and learn more about their Catholic faith. Cap Corps Volunteers do this through personal witness talks, dynamic presentations, dramatic skits, music, and lively, moving prayer services.

"[The retreats are] so much fun with the friars and the Cap Corps team leaders. It's not just another retreat weekend. It changed my life." Retreat participant

Parish Ministry

Cap Corps Volunteers serve in local Parishes as Youth Ministers. The volunteers plan and lead weekly meetings and participate in other Parish activities. This unique opportunity provides the volunteers with parish life exposure, while being supported by the CYFM staff and other volunteers.



Outreach Ministry

CYFM partakes in 3 one-week missions; these enable participants to develop solidarity with the poor, witness to Gospel living, and put our Catholic Social teaching into action through acts of justice and compassion.

"I am grateful for CYFM and its positive influence in my life; through my involvement, I was able to bring Christ to others who may not have otherwise known Him." Outreach participant

Our Commitment to you



Community Living

CYFM & the Cap Corps Volunteer program provide:

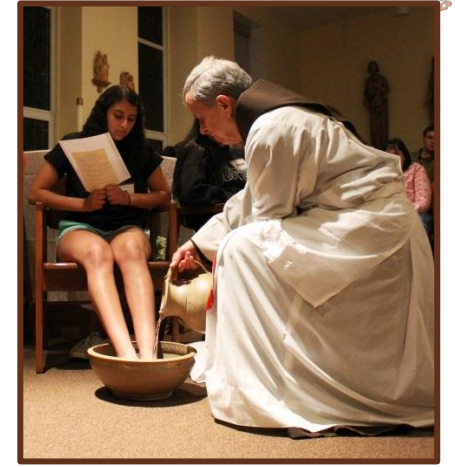
- A furnished, 8 bedroom house
- A generous food stipend
- Health insurance through Catholic Network of Volunteer Service
- Gas allowance for ministry-related activities
- \$50/week stipend



Financial Consideration

Cap Corps Volunteers live in community. They share communal meals, prayer services, and Eucharist. The CYFM community consisting of teens and their families, as well as CYFM staff, support the Cap Corps Volunteers; host families provide additional support

Spiritual Direction



"The best thing [at CYFM] is definitely the people. That includes all fellow retreatants, CCV'S, and of course our amazing friars. They are all so loving and accepting. Everything they do, they have our best interest in mind. And most importantly, God is within them." Retreat participant

Volunteers' spiritual growth is aided & encouraged through retreats, regular communal prayer, and spiritual direction. Volunteers participate in personal and staff retreats. Franciscan spirituality inspires CYFM's ministry. Cap Corps Volunteers work alongside the Capuchin Franciscan Friars and take part in the Capuchin celebrations.